

Dr Sara de Menezes

MBBS(Hons)

Dr Sara de Menezes is a medical resident working in Victoria with a strong interest in medical education, training and advocacy. Sara's interest in education officially began when she co-founded an OSCE Teaching Program at Peninsula Health as a final year medical student in 2013. After graduating from Monash University, she began a rural internship at Ballarat Health Services in 2014. During that year, she became involved with the Ballarat Health Doctors-in-Training Committee and was also their representative on the PMCV Junior Medical Officers (JMO) Forum. She was then elected as Education Officer of the PMCV JMO Forum Executive Committee. In this role, she collaboratively founded the PMCV Online Medical Education Database. Following this, Sara and her team were granted the PMCV Research Incentive Grant 2014-2015 which allowed them to create online educational content promoting safer after-hours care, in collaboration with onthewards.org.

In 2015, Sara was elected to become the Co-Chair of PMCV JMO Forum and Victorian representative on the Australasian Junior Medical Officers' Committee (AJMOC). She also began Basic Physician Training Year 1 (BPT1) at Peninsula Health in Victoria at this time. At Peninsula Health, she acted as the first BPT1 Education Coordinator, organising weekly tutorials for her peers with the support of consultant physicians. In late 2015, Sara was selected to join the Board of Directors of the Confederation of Postgraduate Medical Education Councils (CPMEC), a national body for prevocational training and medical education. As an Independent Elected Director, Sara is the first junior doctor representative to join the Board. In 2016, Sara will continue physician training at the Alfred Hospital in Victoria. Sara hopes to use her diverse experience in different health services and education projects to be able to continue representing the needs of junior doctors.