

### **Dr Sanjay Joseph – NT**

Dr Joseph commenced his internship in 2018 and was one of the first cohort to rotate through Katherine District Hospital (KDH) where he completed 2 terms (medicine and emergency medical care) and was commended for his attitude and hard work by his supervisors. He is currently a RMO at Royal Darwin Hospital.

Taking a leadership role he proposed an idea for the Division of Medicine Orientation to be implemented at the Palmerston Regional Hospital (PRH), which opened in late 2018. This initiative enabled relevant stakeholders to create the orientation for newly rotating RMOs in Rehabilitation, General Medicine and Geriatrics. He assisted in creating new ROVER documentation, updated the PRH Orientation handbook and created the orientation timetable and agenda. This was done without being asked and in his own time whilst carrying out his usual clinical duties.

As well as his work with medical students, PGY1s and PGY2s, Dr Joseph has been the lead coordinator of the Healthy Start Program since 2016. This program promotes health literacy for newly arrived refugees in Darwin. He promotes, encourages and enlists the assistance of fellow RMOs and as a team they recruit volunteers (medical students and multidisciplinary health professionals) to assist in the running of the program which occurs quarterly.

He has been the JMO representative on the Prevocational Education Group and the Medical Education Council at Top End Health Service; he has also been the NT representative on the Australasian Junior Medical Officers Committee.

His research work includes an unpublished audit on 'The Prevalence of Anaemia in Indigenous Adults in NT' and is currently undertaking a study to evaluate the epidemiology of pulmonary hypertension in the NT.

Sanjay has completed the NT Accrediting Authorities Surveyor training and was a valued team member of the Central Australia Health Service Reaccreditation Survey Visit in June 2019. Outside of his RMO role, he participated in the Health Careers 'Try Day' in 2019 which showcased medicine to years 10-12.

