



2018 CPMEC Australia & New Zealand Clinical Educator of the Year Award

Dr Lucy Kilshaw

Consultant Geriatrician and Director of the Postgraduate Medical Education at Royal Perth Hospital.



Dr Lucy Kilshaw was nominated for her exemplary leadership and advocacy with regards to junior doctor's welfare, and her unwavering commitment to medical education at Royal Perth Hospital.

Dr Kilshaw is a fine example of a 'clinical educator', partaking in education on a multitude of levels; from ward round based 'teaching on the run', mentoring of junior doctors, formal teaching & tutorial sessions for interns and her work as the Director of Postgraduate Medical Education. She seeks weekly feedback from interns on the quality and value of the teaching they receive and acts swiftly to make any improvements.

She has instituted the return of the Junior Medical Officer Liaison Committee that is a forum in which Medical Education, the hospital executive and JMOs can meet on a regular basis to deal with junior doctor concerns.

Dr Kilshaw has an open and welcoming communication approach that creates an environment in which junior doctors feel comfortable to discuss clinical matters, personal and professional concerns.

Dr Kilshaw believes in innovation, and though by her own admission she is "not an expert with computers", Dr Kilshaw believes in utilising technology for improving clinical outcomes. Recently she became aware of junior doctor concerns regarding the increasing level of administrative tasks that were impacting on their clinical duties. In response, Dr Kilshaw has been involved in developing a pilot trial in which clinical coders assist in elementary aspects of discharge summaries, reducing unnecessary time spent entering clinical codes into electronic medical summaries. Dr Kilshaw has also been involved in the development and piloting of a new clinical tool that is accessible via an app on a doctor's own phone. This app will provide JMOs with easy access to hospital treatment guidelines, pharmacy information and access to educational resources etc.

She also recognised the changing dynamic and demography of postgraduate university medical graduates and consequently has been instrumental in assisting and arranging part-time training at Royal Perth Hospital.

Furthermore, Dr Kilshaw is admired for her commitment to the wellbeing of junior doctors. In 2017, through Dr Kilshaw's advocacy and persistence, Royal Perth Hospital was the first hospital in Western Australia to offer a full time in-house 'Wellbeing Officer' solely for JMOs. This service seeks to create peer support networks and remove the stigma of mental health; it has received overwhelming support and positive feedback from JMOs.