



2018 CPMEC Australia & New Zealand Junior Doctor of the Year Award

Dr Jasmin Korbl

RMO at Sir Charles Gairdner Hospital in Western Australia



Dr Jasmin Korbl was nominated for this award for her extensive contribution to teaching, junior medical officer welfare and community service, especially during her PGY2 year at Sir Charles Gairdner Hospital.

Through her involvement with the Postgraduate Medical Council of Western Australia (PMCWA), she has been an enthusiastic and informative contributor to many aspects of JMO training, in particular she has gone above and beyond to improve the training and wellbeing of junior doctors in Western Australia.

Dr Korbl is a community minded person. In addition to mentoring medical students and interns, she represents junior doctors on a variety of committees, giving a voice to vulnerable junior doctors. Dr Korbl has been an active member of the PMCWA JMO Forum since her intern year and was the PMCWA Junior Doctor Education Representative in her PGY2 year. During her time in this role, she was instrumental in developing a Survival Guide for WA interns and commencing a new professional development guide for junior doctors.

During her PGY2 year, Dr Korbl was also an active member of the AMA Doctors in Training Subcommittee for welfare and through this she was closely involved with the organisation and delivery of the Welfare Symposium, which aims to discuss and highlight welfare issues that junior doctors face.

When working as a PGY2, Dr Korbl noted that a high proportion of her colleagues were suffering from depression and burnout and as a consequence undertook a medical service improvement term in order to tackle some of the problems that JMOs face. During this term she undertook a project in 'Improving Clinical Debriefing for Junior Doctors' and through this developed a clinical debriefing program called 'Project Pow Wow', which has been well received by a wide range of stakeholders. This is the first program in Australia that focuses on clinical debriefing as a means of coping with on-the-job stress. She also created an escalation pathway for junior doctors in distress and a departmental wellbeing program that acts as a channel for JMOs to contact senior doctors to seek advice.

In addition to her excellent contributions to committees and positive impact on junior doctors, Dr Korbl is also a published academic author and has presented papers in the fields of pathology, dermatology, general surgery and education, as well as being awarded numerous research grants for her academic work.